



# English



## Baan Thai

Spånga Centrum

08 - 36 33 30

[www.baanthai-spanga.se](http://www.baanthai-spanga.se)

**Take away & Snack-bar**

Weekdays: 10-20 and Weekends: 12-20

**Spice Food?** Tell the stuff before ordering.

**Swedish Spicy:** little spicier. **Thai Spicy:** very spicy.



This course is little spicier.





# THAI FOOD



### Appetizers

125 kr

- 1  **Tom Yum Goong**  
Shrimp soup with mushrooms, onions, galanga and kaffirlime.
- 2  **Yum Nua**  
Beef salad with chili, onions and lemon.
- 3 **Tom Kha Gai**  
Chicken soup with coconut milk, onions, mushrooms, lemongrass, galanga and coriander.
- 4 **Popie Tod**  
Deep fried spring rolls - served with chili sauce.


## Children's Menu

|   |               |
|---|---------------|
| <b>CHOICE: * Pork or Chicken</b>  | <b>100 kr</b> |
| <b>CHOICE: * Beef</b>   | <b>125 kr</b> |
| <b>32 Gai Satay</b><br>Curry marinated chicken spit with peanut sauce. / Rice           |               |
| <b>33 Khao Padd</b><br>Fried rice with carrots, broccoli, egg & coriander.              |               |
| <b>34 Bamie Padd</b><br>Fry egg-noodle course with vegetables.                          |               |
| <b>37 Padd Nam Man Hooi</b><br>Fry course in oyster sauce with onions & paprika. / Rice |               |

## Main Course

|  |               |
|--|---------------|
| <b>CHOICE: * Vegetarian</b>            | <b>125 kr</b> |
| <b>CHOICE: * Pork, Chicken or Tofu</b> | <b>145 kr</b> |
| <b>CHOICE: * Beef</b>                  | <b>165 kr</b> |
| <b>CHOICE: * Shrimps</b>               | <b>165 kr</b> |

## Curry Dishes / served with rice.

- 5**  **Gaeng Kiew-Wan**  
Green curry course with coconut milk, bamboo and paprika.
- 7** **Gaeng Phed**  
Red curry course with coconut milk, bamboo and paprika.
- 8** **Gaeng Phanaeng**  
Phanaeng curry course with coconut milk, paprika and kaffirlime.
- 9** **Gaeng Massaman**  
Massaman curry course with coconut milk, potatoes, onion & peanuts.
- 20** **Gai Satay**  
Curry marinated chicken spit with peanut sauce.
- 40** **Gaeng Kari**  
Yellow curry course with coconut milk, pineapple, carrot & onions.

## Wok Dishes / served with rice.

- 10**  **Padd Hoarapa**  
Fry course with sweet basil leaf, broccoli, bamboo & paprika.
- 11**  **Padd Graprao**  
Fry course with basil leaf, bamboo, carrots & paprika.
- 15** **Padd Nam prik pao**  
Fry course with chili-in-oil and vegetables.
- 16** **Padd Khing**  
Fry course with ginger and vegetables.
- 17** **Padd Gratiem Prikthai**  
Fry course with garlic, white pepper, vegetables.
- 18** **Padd Preo Wan**  
Fry sweet & sour course with cucumbers, tomatoes, pineapple, paprika & onions.
- 19** **Padd Met-Mamoang**  
Fry chicken with vegetables and cashew nuts.
- 38** **Padd Nam Man Hooi**  
Fry course in oyster sauce with onions & paprika.


## Deep Fried, Fried Rice & Noodles

- 22 **Choob-Paeng-Tod**  
Deep fried chicken or prawn - served with chili sauce. / Rice
- 24 **Khao Padd**  
Fried rice with carrots, broccoli, eggs & coriander.
- 26 **Padd Thai**  
Fry rice-noodles course with leeks, bean sprouts, eggs. Top with lemon and ground peanuts.
- 27 **Bamie Padd**  
Fry egg-noodles course with vegetables.
- 41 **Padd Siew**  
Fry rice-noodles course with eggs, carrot, broccoli & cauliflower. Top with lemon.

### Fish

/ served with rice.

165 kr

- 43  **Chu Chee Phla**  
Chu Chee curry with fillet of fish & pick on kaffirlime.
- 44 **Phla Sam Rod**  
Fry sweet & sour course with fillet of fish, cucumbers, tomatoes, pineapple, paprika & onions

### Seafood Dishes

/ served with rice.

165 kr

- 12  **Padd Graprao Plamuk**  
Fry squids with sweet basil leaf, bamboo, carrots & paprika.
- 14 **Padd Phed Taley**  
Fry seafood with red curry, coconut milk, broccoli & paprika.
- 23 **Padd Gratiem Prikthai Taley**  
Fry seafood with garlic, white pepper, vegetables.
- 39  **Padd Graprao Taley**  
Fry seafood with basil leaf, bamboo, carrots & paprika.

### Special Dishes

- 49 **Four favourites** 225 kr  
Spring rolls, deep fried shrimps, beef in phanaeng curry, chicken with cashewnuts, chilisauce / Rice
- 47 **Khaogeryb Goong** 75 kr  
Deep fried prawn crackers - Served with sweet chili sauce or plum sauce.

### Homemade Spring Rolls á la Baan Thai

- \* Appetizer 2 pieces 100 kr  
\* Main Course 4 pieces / served with rice. 145 kr

- 48 **Popie Tod Gai**  
Deep fried homemade spring rolls with chicken, mozzarella, onion & selleri.
- 80 **Popie Tod Moo**  
Deep fried homemade spring rolls with bacon, mozzarella, onion & spinach.
- 81 **Popie Tod Woonsen Gai Graprao**  
Deep fried homemade spring rolls with chicken, glass noodles & thai basil.



# SUSHI-JAPAN



## Bao Bun

A Japanese wheat bread with 3 different tastes.

- |    |   |       |
|----|---|-------|
| 94 | <b>Fried chicken</b><br>Deep fried chicken with salad, pickled red onion, avocado and jalapenomayo. | 75 kr |
| 45 | <b>Tempura prawns</b><br>Deep fried prawns with salad, pickled onion, avocado and chilimayo.        | 75 kr |
| 46 | <b>Entrecote</b><br>Thin sliced entrecote with salad, pickled red onion, avocado and chilimayo.     | 75 kr |

## Japanese Dishes

- |    |   |        |
|----|---|--------|
| 61 | <b>Yakitori Spit</b><br>Chicken spit with Teriyaki sauce. / Rice  | 145 kr |
| 62 | <b>Yakiniku</b><br>Thin sliced Entrecote with Yakiniku sauce. / Rice  | 165 kr |
| 66 | <b>Sushi &amp; Yakiniku</b><br>7 pieces of Sushi, 2 Salmon, 2 Shrimps, 1 Red Snapper, 1 Norirolls, 1 Californiaroll & Yakiniku. / Rice & Miso | 185 kr |
| 67 | <b>Bento Box</b><br>4 pieces of Sushi, 2 Salmon, 1 Shrimp, 1 Noriroll, Yakiniku & Yakitori spit. / Rice & Miso                                | 225 kr |

## Compare & Rollers

- |    |  |        |
|----|--|--------|
| 68 | <b>Avocado Roll -9 pieces</b><br>Roll with tempura, eggs, paprika, Cucumber and chili mayonnaise, topped with avocado, chili mayonnaise and sesame. / Miso | 165 kr |
| 69 | <b>Salomon Roll -9 pieces</b><br>Roll with avocado, cucumber and seaweed salad, topped with salmon, mayonnaise and chive. / Miso                           | 165 kr |
| 73 | <b>Combo Sushi &amp; Thai</b><br>6 pieces of your choice of sushi, your choice of meat in red curry / Rice.  | 165 kr |
| 74 | <b>Sushi family plate - 30 pieces on fat</b><br>8 salmon, 5 Shrimps, 4 Tuna, 5 Avocado, 4 Norirolls, 4 Californiaroll. / Miso.                             | 445 kr |
| 76 | <b>Grilled Salmon Roll -9 pieces</b><br>Roll with avocado, fry shrimps, cucumber, crab sticks, mayonnaise, topped with salmon & roasted onions. / Miso     | 165 kr |
| 77 | <b>Hot Tuna Roll -9 pieces</b><br>Roll with avocado, deep fried shrimp, Cucumber, Chili mayonnaise, topped with tuna, chive & roasted onions. / Miso       | 165 kr |
| 78 | <b>Crispy Crabsticks Roll -9 pieces</b><br>Roll with avocado, crab sticks, cucumber, chili mayonnaise & roasted onion. / Miso                              | 145 kr |

## Sushi

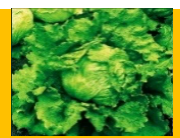
- 98 Yaki - 3 pieces** 75 kr  
Deep fried sushirice with a topping, you hcan choice free beetween shrimps - tuna - salomon.
- 51 Sushi Smal -8 piece's** 125 kr  
3 Salomon, 1 Shrimp, 1 Red Snapper, 2 Norirolls, 1 Californiaroll. / Miso
- 52 Sushi Medium -10 piece's** 145 kr  
3 Salomon, 2 Shrimps, 1 Tuna, 2 Norirolls, 2 Californiarolls / Miso
- 53 Sushi Large -12 piece's** 165 kr  
4 Salomon, 2 Shrimps, 1 Tuna, 1 avocado, 1 Squid, 2 Norirolls, 1 Californiaroll. / Miso
- 55 Sushi Salomon -10 piece's** 145 kr  
10 Salomon. / Miso
- 56 Sushi Moriwase -15 piece's** 225 kr  
3 Salomon, 2 Shrimps, 2 Tuna, 1 Red Snapper, 1 Squid, 1 egg, 1 Avocado, 2 Norirolls, 2 Californiarolls. / Miso
- 58 Mamma Sushi -10 piece's** 145 kr  
2 Shrimps, 2 Eggs, 2 Avocado, 1 Tofu, 2 Norirolls, 1 Californiaroll. / Miso
- 59 Sushi Vegetarian Medium -10 piece's** 145 kr  
5 Avocado, 2 Norirolls, 3 Californiarolls. / Miso
- 97 All in Salomon -10 pieces** 165 kr  
6 salomon, 2 yaki salomon, 2 grilled salomon. / Miso
- 79 Sushi Grilled Salomon -10 pieces** 165 kr  
10 Grilled Salomon. / Miso
- 90 Sushi delux -10 piece's** 165 kr  
3 Salomon, 1 Shrimps, 1 grilled salomon, 1 Avocado, 2 yaki tuna, 2 yaki räka. / Miso
- 91 Sushi delux -20 piece's** 325 kr  
3 Salomon, 3 Shrimps, 2 avocado, 2 grilled salomon, 2 yaki shrimp, 2 yaki salomon, 3 Hot tuna roll, 3 Crispy crabsticks roll.. / Miso

## Poke Bowl

- 92 Entrecote** 165 kr  
Thin sliced entrecote with mango, alpha sprouts, avocado, edamame beans, pickled redf onion, qinquer, yakiniku sauce / Sushi rice.
- 93 Salomon** 145 kr  
Salomon marinated in soya and sesam oil with mango, alpha sprouts, avocado, edamame beans, pickled redf onion, qinquer, chilimayo / Sushi rice.



# VEGAN



## Appetizers

125 kr

301 🥕 **Tom Yum Vegan Filet**  
"Vegan-filé" soup with chili paste, mushrooms, onions, galanga & kaffirlime.

303 **Tom Kha Vegan Filet**  
"Vegan-filé" soup with coconut milk, onion, mushrooms, lemongrass, galanga & coriander.

304 **Popie Tod**  
Deep fried Spring Roll - Served with chili sauce.

CHOICE: \* with only vegetables.

125 kr

CHOICE: \* With Tofu as an option.

145 kr

CHOICE: \* With "Vegan-filé" a soy protein as an option.

165 kr

## Curry Dishes

/ served with rice.

305 🥕 **Gaeng Kiew-Wan**  
Green curry course with coconut milk, green beans, bamboo and paprika.

307 **Gaeng Phed**  
Red curry course with coconut milk, green beans, bamboo and paprika.

## Wok Dishes

/ served with rice.

310 🥕 **Padd Hoarapa**  
Fry course with sweet basil leaf, broccoli, bamboo & paprika.

311 🥕 **Padd Graprao**  
Fry course with basil leaf, bamboo, carrots & paprika.

314 **Padd Prick Gaeng**  
Fry course with red curry, green beans, onion & paprika.

315 **Padd Namprikpao**  
Fry course with chili-in-oil & vegetables.

316 **Padd Khing**  
Fry course with ginger, mayor mushrooms & vegetables.

317 **Padd Gratiem Prikthai**  
Fry course with garlic, white pepper & vegetables.

318 **Padd Preo Wan**  
Fry course with cucumbers, tomatoes, paprika, onion & pineapple in sweet and sour sauce.

319 **Padd Met-Mamoang**  
Fry course with vegetables & cashew nuts.

338 **Padd Nam Man Hooi**  
Fry course in mushroom sauce with vegetables.

## Deep Fried, Fried Rice & Noodles

- 321 Vegan Tod**  
Deep fried protein - served with plum sauce. / Rice
- 322 Pak Choob-Paeng-Tod**  
Deep fried vegetables - served with plum sauce. / Rice
- 324 Khao Padd**  
Fried rice with vegetables & coriander.
- 325 Khao Padd Met-Mamoang**  
Fried rice with vegetables, peas, pineapple, topped with raisin & cashew nuts.
- 326 Padd Thai**  
Fry course with rice noodles, leek, bean sprouts, broccoli, lemon & grounded peanuts.
- 327 Bamie Padd**  
Fry course with yellow noodles and vegetables.
- 341 Padd Siew**  
Fry course with rice noodles, carrot, broccoli & cauliflower. Topped with lemon.

## Special Dishes

- 320 T-say Satay** **165 kr**  
T-say skewer with peanut sauce. / Rice
- 349 Four Vegan favorites** **225 kr**  
Deep fried tofu, Deep fried vegetables, Red Curry with tofu, Fry "vegan-filé" with cashew nuts.
- 399 Tod Man Farang Wan** **125 kr**  
Sweet potato cakes 6 pieces, servered with plum sauce.

## Homemade Spring Rolls á la Baan Thai

- 382 Popie Tod Woonsen Vegan-filé** **165 kr**  
4 pieces of deep fried homemade spring rolls with Vegan-file, glass noodles, cauliflower and carrot, served with plum sauce. / Rice

## Sushi

- 357 Sushi Vegan Smal -8 pieces** **125 kr**  
2 Tofu, 2 Avokado, 2 Norirolls, 2 Californiarolls. / Miso
- 359 Sushi Vegan Medium -10 pieces** **145 kr**  
5 Avokado, 2 Norirolls, 3 Californiarolls. / Miso

